# **DORIAN ELAINE ROYAL, MS, RN, ACNP**

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#### **OBJECTIVE**

Highly motivated Doctorate prepared Acute Care Nurse Practitioner with demonstrated skills and high levels of autonomy in working collaboratively with other professionals. Dedicated provider with exceptional clinical skills, and exemplary abilities in assessment and interventions, striving to improve clinical care using evidence-based practice.

## **EDUCATION**

<b>Doctor of Nursing Practice (DNP)</b> Duke University School of Nursing, Durham, NC,	Degree conferred 12/30/2015
M.S. Degree in Nursing Acute Care Nurse Practitioner (ACNP) Columbia University School of Nursing, New York, NY,	Degree conferred 02/08/2006
<b>B.S. Degree in Nursing</b> New York University, New York, NY.	Degree conferred 09/25/1995
B.A. Degree in Psychology	Course work completed 1992
State University of New York at Buffalo, Buffalo, NY,	Degree conferred 02/01/1995

## TEACHING EXPERIENCE

## EAST STROUDSBURG UNIVERSITY

Stroudsburg, PA

# **Adjunct Faculty**

01/2019 - present

- Instruct and supervise simulation lab for BSN students during their pediatric rotation
- Improve patient safety and reinforce clinical skill through use of simulated-base training
- On site visits to various clinical sites to reinforce student professionalism and evaluate clinical opportunity
- Communicate with lead instructor and assess the students effectiveness of applying classroom curriculum to clinical rotation

## PHILLIPS BETH ISRAEL SCHOOL OF NURSING

New York, NY

## **Adjunct Faculty**

01/2019 - 12/2019

- Supervise students providing care to patients on surgical spine unit
- Coordinate with nurses at the clinical site to make student patient assignments.

- Teach students how to perform duties in the clinical site and answer their questions.
- Evaluating students' clinical work
- Support educational and intellectual growth of nursing students in their first-semester clinical rotation

# THE MOUNT SINAI HOSPITAL (MSH)

New York, NY

#### **Clinical Nurse/ Nurse Practitioner**

**2007 – present:** Clinical instructor who is skilled in engaging advanced practice nursing students in critical thinking and active learning processes

**1995** – **present:** More than twenty years inpatient and outpatient Nursing experience excelling in staff and patient education

**2014 – 2015:** Provide Instructions to Hospitalist Nurse Practitioners and Nursing Educators on the use of the PHQ-9 screening tool for depression and anxiety screening in patients with sickle cell disease

**2013** – **2015**: Collaborative Educator for busy medical unit with focus on evidence based care that promotes nurse driven initiatives

**2001 – 2006:** More than six years critical care nursing experience in the Pediatric Intensive Care Unit, precepting new nurses and undergraduate nursing students

## PROFESSIONAL CLINICAL EXPERIENCE

# THE MOUNT SINAI HOSPITAL (MSH)

New York, NY

# **Hospitalist Nurse Practitioner**

2006 to present

- Assess and admit patients into the hospital units from the ER, OR, and complete transfer of care for patients from other services to the medical service.
- Perform daily physical assessments and formulate a plan of care for up to 15 patients, in collaboration with their attending and consulting physicians.
- Monitor caseload of up to 15 patients throughout the day, and implement changes according to the plan of care in collaboration with consultants and changes in the patient status.
- Provide feedback in daily interdisciplinary team rounds with physicians, social workers, case managers, and physical therapists to facilitate discharge before noon initiatives
- Consult with other providers and arrange diagnostic exams, outpatient follow-ups, and facilitate patients' transfer of care back to Primary Care Providers
- Screen patients as part of a hospital initiative geared at improving national core measures with CHF, and Influenza vaccinations
- Instruct Advanced Practice Nursing students in critical thinking and active learning processes as they complete their clinical requirements
- Educate nurses on a busy medical unit with focus on evidence based care that promotes nurse driven initiatives in medication reconciliation

### **Clinical Staff Nurse**

2000 to 2006

- Proficiently deliver nursing care to acutely ill patients in a 16-bed pediatric intensive care unit.
- Evaluate and monitor patients post-op liver, kidney and bowel transplant during recover from anesthesia after transfer from the OR
- Accompany unstable patients for transport off unit during diagnostic testing.
- Collect and label patient specimens for point of care testing or to be sent to the laboratory.
- Perform assessment, monitoring, and care of patients during procedures with conscious sedation.
- Placement of peripheral intravenous catheters, nasogastric tubes, and urinary catheters.
- Prepare and set up instrumentation and monitoring devices for intubation.
- Effectively maintain airway for patients with altered respiratory state via methods such as ventilators and high frequency oscillation, CPAP, BIPAP, oral/nasal trumpets, chest physiotherapy, chest tube devices, and suctioning.
- Administer routine and emergent resuscitative medications as necessary.
- Accompany physician on emergent transport of patients from other medical facilities to Mount Sinai.
- Set up a CVVHD (Continuous veno-venous hemodialysis) machine, initiate therapeutic intervention as ordered by the physician, and monitor patients throughout therapy.
- Exercise leadership attributes as a preceptor to new hires and students in nursing internship programs.
- Represent the Pediatric Intensive Care Unit in monthly meetings with the President of Nursing, and actively participated on the Magnet Committee.

# AMAZING GRACE CHILDREN'S FOUNDATION MEDICAL MISSION (AGCF)

Dumont, New Jersey/Accra, Ghana

**Executive Board Member Director of Volunteer Services** 

2018 - present 2018 - Present

- Communicate the organization's expectations to over 60 volunteers in the US and Ghana
- Create content and present Orientation instructions for new and repeat volunteers
- Coordinate travel and lodgings accommodations for 27 volunteers from the US
- Plan and oversee the responsibilities of volunteers according to their level of expertise so that project goals are met

#### EXAM MANAGEMENT SERVICES INC.

Irving, TX

## **Travel Nurse Practitioner**

2014 to 2017

- Participate in at home health assessment to collect information for multiple health maintenance organization
- Provide health screening for insured members by completing in home health interviews and physical examinations
- Educate members on health related questions and make referrals and recommendations for disease management based on evidence-based practices and current screening guidelines

# HOMECARE FOR CHILDREN, INC.

Merrick, NY

## EXECUTIVE NURSES HOME CARE INC.

Port Washington, NY

# **Registered Home Care Nurse**

1996 to 2000

- Provided professional nursing care for mentally and physically disabled children and adults with a focus on ensuring seamless efforts with patients' families and other health care providers.
- Cared for chronically ill but stable patients at home and in school including children needing tracheostomy care, ventilator support, gastrostomy tube feedings, and external defibrillator intervention.

## UNIVERSITY HOSPITAL AT DOWNSTATE MEDICAL CENTER

Brooklyn, NY

#### **Clinical Nurse II**

1999 to 2000

- Delivered care on a cardiothoracic step-down/surgical unit to patients requiring further telemetry monitoring after cardiac surgery and transfer from Cardiothoracic Intensive Care Unit.
- Observed and closely monitored telemetry patients for arrhythmias.
- Exhibited well-honed technical skills in performing EKG's, glucose monitoring, intravenous catheter insertion, insertion/removal of urinary catheters, and assistance with chest tube removal.
- Monitor patient-controlled analgesic devices and assess patients for adequate pain management.
- Coordinated care by agency nurses and Licensed Practical Nurses
- Instructed ancillary nursing staff, and assumed charge nurse duties as assigned.

## BROOKDALE UNIVERSITY HOSPITAL AND MEDICAL CENTER

Brooklyn, NY

Staff Nurse 1997 to 1999

- Provided care to patients on a 30-bed Medical-Surgical unit with a 4-bed Ventilator step-down unit.
- Evaluated and monitored patients receiving ventilator assistance, and administered medication to patients in various stages of disease or illness.
- Exhibited outstanding versatility in performing ostomy care, pre-op management, nebulizer therapy, wound care, peripheral intravenous catheter insertion, and urinary catheter insertion/removal.
- Supervised Licensed Practical Nurses and delegated daily assignments to ancillary nursing staff.
- Demonstrated excellent critical thinking skills to conduct discharge planning and patient education.
- Completed courses: Care Of The Dying Patient, Basic Arrhythmias, and Needs Of The Geriatric Patient.

- Mount Sinai Health System APN orientation: Monthly presentation on Introduction to the Role of the Nurse Practitioner (2017 -2018)
- 12<sup>TH</sup> Annual Mid-Atlantic Hospital Medicine Symposium (2017): Team-based Care for NPs, PAs, and MDs
- Mount Sinai Nursing Research Day (2016): DEVELOPMENT AND EVALUATION
  OF AN EDUCATION MODULE USING THE PHQ-9 DEPRESSION SCREENING
  TOOL FOR PATIENTS WITH SICKLE CELL DISEASE: LESSONS LEARNED.
- DNP Capstone Defense (2015): Screening for Depression and Referral for Treatment in Adults with Sickle Cell Disease: A Quality Improvement Project
- Mount Sinai Nurse Educators (2015): Development of an Education Module: Screening for Depression and Anxiety in Patients with Sickle Cell Disease
- Unit education series (2013 2015): Completing the Medication Reconciliation Process Dissecting Discharges, Know the After Visit Summary
- Nursing QI Committee (2013): 1:1 OBSERVATION REDUCTION PROJECT

# AFFILIATIONS/MEMBERSHIPS/AWARDS

2018 Nurse Practitioner of the year for the Department of Hospital Medicine

NP Champion for high value care in prescribing practices related to opiates

NP Champion for Buprenorphine project focused on Addiction Medicine

Home to Homeless team Spotlight award

Member, Amazing Grace Children's Foundation Executive Board

Member, American Nurses Association

Member, The Mount Sinai Hospital Institutional Review Board (IRB)

Member, New York State Nurses Association

Member, The Mount Sinai Hospital Nursing Research Committee

Member, The Mount Sinai Hospital Nurse Practitioner Professional Practice Committee

Member, Sigma Theta Tau International Society Member,

# LICENSURE & CERTIFICATIONS

New York State Acute Care Nurse Practitioner

New York State Professional Registered Nurse

Pennsylvania Registered Nurse

Advanced Cardiac Life Support

Basic Cardiac Life Support

Human Subjects Research training for Investigator/Research Staff

- Data Security and HIPAA training
- HIPAA for Research Update
- Good Clinical Practice (GCP) training

Waiver to practice opioid dependency treatment with Buprenorphine medications

# AMAZING GRACE CHILDREN'S FOUNDATION MEDICAL MISSION

Accra, Ghana

# **Nurse Practitioner**

2017 - 2019

- Travel to Accra Ghana yearly with a group of medical volunteers to provide free health screening to over one thousand children including pregnant teens
- Provide medical service and supplies to imprisoned women
- Medical Panel Participant on safe sex, sexually transmitted disease, and sexual harassment for high school teens.

# COMPUTER SKILLS

Sakai learning platform, Microsoft Office (PowerPoint, Word, Excel); Corel WordPerfect, Epic EHR system, Eclipsys EHR, TDS, SPSS Statistics, Building Website/Web pages