

# Spring 2009 Workshop Schedule

## Being an Active Learner

# B.A.L.A.N.C.E.

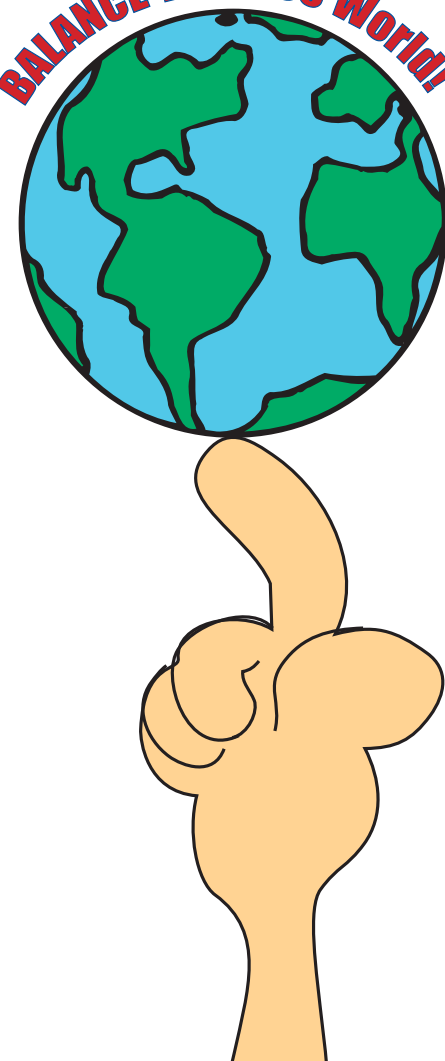
## Among New College Experiences

### FREE WORKSHOPS

All sessions are held in Stroud Hall - Room 113

Title	Date	Time	Presenter
<b>February</b>			
Good Grades! Bag 'Em, Tag 'Em, Take 'Em Home	3	2:00 - 2:50 PM	Dr. Robert Ackerman <i>Professor of Speech-Language Pathology</i>
Sex and Chocolate! Learn the Sweet and Bittersweet of Sex and Sexually Transmitted Infections	3	3:00 - 3:50 AM	Donna Salch <i>Health Educator and Peer Health Educators</i>
Post It! Note-Taking Techniques That Will Stick With You	10	2:00 - 2:50 PM	Bonnie A. Green <i>Associate Professor of Psychology</i>
It's Major! Find the Program of Study for You	10	3:00 - 3:50 PM	Jan Hoffman <i>Assistant Director of Career Services</i>
Campus2Career! Turn Your Potential Into Success at ESU and Beyond	24	2:00 - 2:50 PM	Sarah Ashpaw <i>College Programs Manager, Monster.com's Making It Count</i>
Make Up Your Mind! Learn How to Approach Decision-Making with Confidence	24	3:00 - 3:50 PM	Kelly McKenzie <i>Undeclared Student Advisor</i>
<b>March</b>			
More than Just Cracking the Book! How to Effectively Read Textbooks	10	2:00 - 2:50 PM	Dr. Stephanie Romano <i>Associate Professor of Reading</i>
Rules of Engagement! Learn How to Manage Time and Stress	10	3:00 - 3:50 PM	Dr. John Abbruzzese <i>Director of Counseling and Psychological Services</i>
Money Matter\$! Students, Prudence, Credit, and Ca\$h	17	2:00 - 2:50 PM	Christine Andrew <i>PSECU (PA State Employees Credit Union) Campus Service Center Manager</i>
It's All in the Mix! Diversity and It's Impact on You	17	3:00 - 3:50 PM	Martin Lacayo <i>Coordinator of Multicultural Affairs</i>
Not So Trivial Pursuit! Being a Student of Character	24	2:00 - 2:50 PM	Doreen Tobin <i>Vice President for Student Affairs</i>
<b>April</b>			
Craving the Rave! Club Drugs, Alcohol, and You	7	2:00 - 2:50 PM	Randy Light <i>Alcohol, Tobacco, and Other Drugs (ATOD) Coordinator</i>
Romancing the Stoned?! Myths and Truths of Sexual Assault	14	2:00 - 2:50 PM	Robert Moses <i>Director of Residence Life &amp; Housing Operations</i>
Get a Life! An ESU Life! Motivation is the Key...Find Yours	21	2:00 - 2:50 PM	Joseph Akob <i>Recreation Center Director</i>

BALANCE Your ESU World!



For more information, contact:

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