



2009 ESU Women's Volleyball Quick Facts

Quick Facts

East Stroudsburg University

Location.....East Stroudsburg, Pa.
Founded 1893
Enrollment.....7,200 (5,900 undergraduates)
Nickname.....Warriors
Colors.....Red & Black
Affiliation NCAA Division II
Conference Pennsylvania State Athletic Conference
President.....Dr. Robert J. Dillman
Athletic Director.....Dr. Tom Gioglio
Home Court.....Koehler Fieldhouse

Media

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Team

Head CoachMichelle Kreeger
Alma Mater..... American '91
Record at ESU 46-62 (three years)
Overall Record 60-75 (four years)
2008 Overall Record 15-21
PSAC East Record/Finish 5-7 (fourth)
Postseason PSAC quarterfinals
Letterwinners Returning/Lost 4/6
Starters Returning/Lost 3/4

Top Returners

OH Alyson Stark (307 kills, .182 pct., 33 aces, 158 digs, 58 blocks)
 OH Brienne Bachman (224 kills, .132 pct., 181 digs, 41 blocks)
 OH Emily Detter (49 kills, .109 pct., 160 digs)
 DS Lindsey Lullo (16 aces, 154 digs)

Key Losses

MB Caitlin Kuhn (177 kills, .235 pct., 127 blocks)
 MB Heather Paulus (94 kills, .089 pct., 79 blocks)
 S Amilee Schillinger (925 assists, 32 aces, 224 digs, 42 blocks)
 DS Kim Dormer (549 digs)

History

First Season.....1974
All-Time Record 657-463-9 (.591)
PSAC Championships.....4 (1979, 1985, 1986, 1987)
NCAA Playoff Appearances 3 (1977, 1979, 1981)

2009 ESU Warriors

No.	Name	Ht.	Pos.	Class	Hometown/High School
2	Kaitlin Behrens	5-11	MB/OH	Fr.	Hackettstown, N.J./Mount Olive
4	Cassie Willman	5-8	S	Fr.	Red Lion/Red Lion
5	Brienne Bachman	5-8	MB/OH	Jr.	Red Lion/Red Lion
6	Alyson Stark	5-11	OH	Jr.	Churchville/Council Rock South
8	Kristina Perri	5-11	MB/OH	Fr.	Cortlandt Manor, N.Y./Walter Panas
9	Megan Plumb	5-10	MB	Fr.	San Diego, Calif./Canyon Crest Academy
10	Morgan Souchak	5-8	S	Fr.	Phoenix, Md./Dulaney
12	Lindsey Lullo	5-6	DS	Jr.	Naperville, Ill./Neuqua Valley
14	Katie O'Neill	5-6	DS	Fr.	Lancaster/Hempfield
16	Kara McDowell	5-6	S	Fr.	Pittstown, N.J./North Hunterdon
17	Kiersten Noll	5-5	OH	Fr.	York/West York
18	Nicole Orfanitopoulos	5-10	OH/MB	Jr.	Riverhead, N.Y./Riverhead
19	Kerri Rabberman	5-7	DS	So.	Newtown/Council Rock North
21	Christie Simoson	5-10	OH	Fr.	Harveys Lake/Lake-Lehman
24	Diana Gibson	5-8	S	Jr.	Broomall/Cardinal O'Hara
26	Emily Detter	5-11	OH	Jr.	Red Lion/Red Lion

Head Coach: Michelle Kreeger (American '91, 4th year)

Asst. Coach: Shannon Fisher

Graduate Asst.: Nikki Buchholz

2009 Schedule

August

25	*KUTZTOWN	7:00 p.m.
27	at Philadelphia U.	7:00 p.m.
	Shepherd University Tournament	
28	vs. Bowie State	6:00 p.m.
29	vs. Shepherd	10:00 a.m.
	vs. Shepherd	2:00 p.m.

September

5	at St. Leo (Fla.)	2:00 p.m.
	Eckerd (Fla.) College Tournament	
6	vs. Grand Valley State	12:00 p.m.
	vs. Eckerd	7:00 p.m.
	ESU Tournament	
11	CALDWELL	3:00 p.m.
	ADELPHI	7:00 p.m.
12	ST. ROSE	11:00 a.m.
	HOLY FAMILY	3:00 p.m.
	PSAC Crossover at California	
18	vs. California	2:30 p.m.
	vs. Clarion	5:00 p.m.
	PSAC Crossover at IUP	
19	vs. IUP	10:00 a.m.
	vs. Slippery Rock	3:00 p.m.

25	*KUTZTOWN	7:00 p.m.
	ESU Tri-Match	
26	*WEST CHESTER	2:00 p.m.
	BRIDGEPORT	6:00 p.m.

October

2	*at Millersville	7:00 p.m.
3	*at Shippensburg	1:00 p.m.
	PSAC Crossover at Millersville	
9	vs. Edinboro	7:00 p.m.
10	vs. Gannon	12:30 p.m.
	vs. Mercyhurst	5:30 p.m.
13	*LOCK HAVEN	7:00 p.m.
17	*CHEYNEY	11:00 a.m.
23	*at West Chester	7:00 p.m.
24	*at Kutztown	2:00 p.m.
30	*SHIPPENSBURG	7:00 p.m.
31	*MILLERSVILLE	2:00 p.m.

November

3	*at Lock Haven	7:00 p.m.
6	*at Cheyney	7:00 p.m.